

Springfield Vet Center
2980 Baker Drive
Springfield, IL 62703
217-492-4955



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Who are we?

We are the people who welcome home war veterans with honor by provide quality readjustment counseling in a caring manner. Vet Centers understand Veterans' war experiences while assisting them and their family members toward a successful post-combat adjustment in or near their community. We are staffed a small multi-disciplinary team of dedicated providers, most of whom are Veterans themselves.

What is Readjustment Counseling?

Readjustment counseling is a wide range of psycho-social services offered to eligible Veterans and their families in the effort to make a successful transition from military to civilian life. It can include:

- PTSD Individual and group counseling for Veterans and their families
- Individual and group counseling for Veterans and their families
- Family and Marriage counseling for military related issues
- Bereavement counseling for families who experience an active duty death
- Military Sexual Trauma (MST) counseling and referral (Regardless of combat status)
- Substance abuse assessment and referral
- Employment referral
- Veterans Benefits explanation and referral
- Screening and referral for medical issues including Traumatic Brain Injury (TBI) depression, etc.

Does Vet Center have Readjustment Counseling for family members?

Family members of combat veterans may be eligible for counseling services.

Am I eligible for Vet Center Readjustment Counseling?

If you served in a combat zone or experienced Military Sexual Trauma (MST) regardless of combat status, you are eligible for Readjustment Counseling Services at no cost.



Vet Center
READJUSTMENT COUNSELING SERVICE

Keeping the Promise

Karissa Alexander
Veteran Outreach Program Specialist

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